

Lunch orders must be placed online through www.LunchDirect.com by Wednesday when ordering for the following week.

OCTOBER 2025

HOLY SPIRIT EPISCOPAL SCHOOL

Lunches Provided By:
Roadrunner Foods
(p) 281-565-7902
www.RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

6
Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli Bits
Organic Peas & Diced Carrots Blend
Dinner Roll
Organic Seasonal Fresh Fruit
V: Bow Tie Pasta w/ Veggie Chicken

Breakfast For Lunch! 7
Mini Buttermilk Pancakes w/ Syrup
Turkey Sausage Patty
Breakfast Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

8
Beef Burger w/ Cheddar Cheese
Organic Buttered Corn
Tater Tots
Organic Seasonal Fresh Fruit
V: Veggie Burger

9
Chicken Teriyaki Fried Rice w/ Mixed Vegetables
Organic Crinkle Cut Carrots
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: Teriyaki Fried Rice w/ Mixed Veggies & Veggie "Chicken"

EC OPEN ONLY 10
Oven Baked Cheese Pizza
Organic Green Beans
Cinnamon Baked Apples

13
SCHOOL CLOSED

Breakfast For Lunch! 14
French Toast Sticks w/ Syrup
Turkey Sausage Patty
Breakfast Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

15
Cheesy Pasta Shells w/ Grilled Chicken
Organic Green Beans
Dinner Roll
Organic Seasonal Fresh Fruit
V: Cheesy Pasta Shells

16
Oven Baked Chicken Tenders
Organic Mixed Vegetables
Scalloped Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

17
Oven Baked Cheese Pizza
Organic Buttered Corn
Cinnamon Baked Apples

20
Grilled Chicken Penne Pasta in a Creamy Marinara Sauce
Organic Crinkle Cut Carrots
Dinner Roll
Organic Seasonal Fresh Fruit
V: Penne Pasta w/ Marinara Sauce

Breakfast For Lunch! 21
Mini Buttermilk Pancakes w/ Syrup
Turkey Sausage Patty
Breakfast Potatoes
Seasonal Fresh Fruit
V: Veggie Sausage Patty

22
Mini Turkey Corndogs
Organic Mixed Vegetables
Macaroni & Cheese
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

23
Crispy Chicken Sandwich
Organic Buttered Corn
Veggie Baked Beans
Organic Seasonal Fresh Fruit
V: Veggie "Chicken" Sandwich

24
Oven Baked Cheese Pizza
Organic Sweet Peas
Cinnamon Baked Apples

27
Oven Baked Chicken Tenders
Organic Green Beans
Mashed Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

Breakfast For Lunch! 28
French Toast Sticks w/ Syrup
Turkey Sausage Patty
Breakfast Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

29
Chicken Fajita Soft Tacos w/ Monterey Jack Cheese
Cilantro Lime Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Taco

30
Pasta w/ Beef Meat Sauce & Mozzarella
Organic Crinkle Cut Carrots
Dinner Roll
Organic Seasonal Fresh Fruit
V: Penne Pasta w/ Marinara Sauce

31
Oven Baked Cheese Pizza
Organic Mixed Vegetables
Cinnamon Baked Apples

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: 125350



DAILY ALTERNATE MENU CHOICES:

Turkey & Cheddar Hoagie Box Lunch - Baked Chicken Tenders – All Beef Hot Dog
Beef Cheeseburger - Cheesy Chicken & Broccoli Rice Casserole - Grilled Cheese

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients