

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.

Lunches Provided By:

**Roadrunner Foods**

(p) 281-565-7902

www.RoadrunnerFoodService.com

# MAY 2024

## HOLY SPIRIT EPISCOPAL SCHOOL

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**1**  
Oven Baked Chicken Tenders  
Organic Green Beans  
Steamed White Rice w/ Brown Gravy  
Organic Seasonal Fresh Fruit  
V: Veggie Nuggets

**2**  
Penne Pasta w/ Beef Meat Sauce  
Organic Sweet Peas  
Dinner Roll  
Organic Seasonal Fresh Fruit  
V: Penne Pasta w/ Marinara Sauce

**3**  
Oven Baked Cheese Pizza  
Organic Crinkle Cut Carrots  
Cinnamon Baked Apples

**6**  
Beef Meatballs w/ Gravy over Mashed Potatoes  
Organic Oven Roasted Baby Carrots  
Dinner Roll  
Organic Seasonal Fresh Fruit  
V: Veggie "Meatballs" & Mashed Potatoes

**7**  
**Breakfast For Lunch!**  
Mini Buttermilk Pancakes w/ Syrup  
Turkey Sausage Patty  
Breakfast Potatoes  
Organic Seasonal Fresh Fruit  
V: Veggie "Sausage" Patty

**8**  
Crispy Chicken Sandwich  
Organic Sweet Peas  
Veggie Baked Beans  
Organic Seasonal Fresh Fruit  
V: Veggie "Chicken" Sandwich

**9**  
Ground Beef Soft Taco w/ Monterey Jack Cheese  
Spanish Rice w/ Organic Mixed Veggies  
Refried Beans  
Organic Seasonal Fresh Fruit  
V: Bean & Cheese Roll Up

**10**  
Oven Baked Cheese Pizza  
Organic Buttered Corn  
Cinnamon Baked Apples



**13**  
Farfalle Alfredo w/ Grilled Chicken  
Organic Green Beans  
Dinner Roll  
Organic Seasonal Fresh Fruit  
V: Farfalle Alfredo

**14**  
**Chicken & Waffles!**  
Buttermilk Waffles w/ Syrup  
Crispy Chicken Tenders  
Breakfast Potatoes  
Organic Seasonal Fresh Fruit  
V: Veggie Nuggets

**15**  
Chicken Teriyaki Fried Rice w/ Mixed Vegetables  
Organic Crinkle Cut Carrots  
Hawaiian Roll  
Organic Seasonal Fresh Fruit  
V: Teriyaki Fried Rice w/ Mixed Veggies

**16**  
Beef Burger w/ Cheddar Cheese  
Organic Buttered Corn  
Baked Tater Tots  
Organic Seasonal Fresh Fruit  
V: Veggie Burger

**17**  
Oven Baked Cheese Pizza  
Organic Mixed Veggies  
Cinnamon Baked Apples

**20**  
Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli Bits  
Organic Peas & Diced Carrots Blend  
Dinner Roll  
Organic Seasonal Fresh Fruit  
V: Bow Tie Pasta w/ Veggie Chicken

**21**  
**Breakfast For Lunch!**  
French Toast Sticks w/ Syrup  
Turkey Sausage Patty  
Breakfast Potatoes  
Organic Seasonal Fresh Fruit  
V: Veggie Sausage Patty

**22**  
Oven Baked Chicken Tenders  
Organic Green Beans  
Scalloped Potatoes  
Organic Seasonal Fresh Fruit  
V: Veggie Nuggets

**23**  
Hawaiian Turkey & Cheddar Cheese Sliders  
Organic Mixed Veggies  
Macaroni & Cheese  
Organic Seasonal Fresh Fruit  
V: Grilled Cheese

**24**  
**LAST DAY OF SCHOOL  
EARLY DISMISSAL  
NO LUNCH SERVICE**

**27**  
**HAPPY Memorial Day**

**28**  
**TEACHER IN-SERVICE  
SCHOOL CLOSED**

**29**  
**TEACHER IN-SERVICE  
SCHOOL CLOSED**

**30**  
**EC OPEN**  
Ground Beef Sloppy Joe  
Organic Buttered Corn  
Baked Tater Tots  
Organic Seasonal Fresh Fruit  
V: Veggie "Meat" Sloppy Joe

**31**  
**EC OPEN**  
Oven Baked Cheese Pizza  
Organic Peas & Diced Carrots Blend  
Cinnamon Baked Apples

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

**WWW.LUNCHDIRECT.COM**

**SCHOOL CODE: 125350**

**Daily Alternate Menu Choices:**

**Turkey & Cheddar Hoagie Box Lunch - Baked Chicken Tenders  
Cheesy Chicken & Broccoli Rice Casserole - Grilled Cheese**

*\*All menu items are subject to change without notice due to availability, freshness, and quality of ingredients\**