

Lunch orders must be placed online through www.LunchDirect.com by Wednesday when ordering for the following week.

JULY 2025

HOLY SPIRIT EPISCOPAL SCHOOL

Lunches Provided By:
Roadrunner Foods
(p) 281-565-7902
www.RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

EC CLOSED

EC CLOSED

EC CLOSED



7
Bow Tie Pasta in a Lemon Butter Sauce
w/ Grilled Chicken & Broccoli Bits
Organic Crinkle Cut Carrots
Dinner Roll
Organic Seasonal Fresh Fruit
V: Bow Tie Pasta w/ Veggie Chicken

8
Ground Beef Soft Taco w/ Monterey Jack
Cheese
Spanish Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Taco

9
Mini Turkey Corndogs
Organic Sweet Peas
Macaroni & Cheese
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

10
Crispy Chicken Sandwich
Organic Buttered Corn
Veggie Baked Beans
Organic Seasonal Fresh Fruit
V: Veggie "Chicken" Sandwich

11
Oven Baked Cheese Pizza
Green Beans
Cinnamon Baked Apples

14
Grilled Chicken Penne Pasta in a Creamy
Marinara Sauce
Organic Mixed Vegetables
Dinner Roll
Organic Seasonal Fresh Fruit
V: Penne Pasta w/ Marinara Sauce

Breakfast For Lunch! 15
French Toast Sticks w/ Syrup
Turkey Sausage Patty
Breakfast Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

16
Oven Baked Chicken Tenders
Organic Green Beans
Scalloped Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

17
Ground Beef Sloppy Joe
Organic Peas & Diced Carrots Blend
Baked Tater Tots
Organic Seasonal Fresh Fruit
V: Veggie Meat Sloppy Joe

18
Oven Baked Cheese Pizza
Organic Buttered Corn
Cinnamon Baked Apples

21
Oven Baked Fish Sticks
Mashed Potatoes
Organic Sweet Peas
Cinnamon Baked Peaches
V: Veggie Nuggets

22
Cheesy Pasta Shells w/ Grilled Chicken
Organic Green Beans
Dinner Roll
Organic Seasonal Fresh Fruit
V: Cheesy Pasta Shells

23
Beef Burger w/ Cheddar Cheese
Organic Buttered Corn
Veggie Baked Beans
Organic Seasonal Fresh Fruit
V: Veggie Burger

24
Chicken Fajita Soft Tacos w/ Monterey
Jack Cheese
Spanish Rice
Refried Beans
Organic Seasonal Fresh Fruit
V: Bean & Cheese Taco

25
Oven Baked Cheese Pizza
Organic Sweet Peas
Cinnamon Baked Apples

28
Penne Pasta w/ Beef Meat Sauce
Organic Mixed Vegetables
Dinner Roll
Organic Seasonal Fresh Fruit
V: Penne Pasta w/ Marinara Sauce

Breakfast For Lunch! 29
Mini Buttermilk Pancakes w/ Syrup
Turkey Sausage Patty
Breakfast Potatoes
Organic Seasonal Fresh Fruit
V: Veggie Sausage Patty

30
Chicken Teriyaki Fried Rice w/ Mixed
Vegetables
Organic Crinkle Cut Carrots
Hawaiian Roll
Organic Seasonal Fresh Fruit
V: Teriyaki Fried Rice w/ Mixed Veggies &
Veggie "Chicken"

31
Oven Baked Chicken Tenders
Organic Sweet Peas
Buttered Noodles w/ Parmesan
Organic Seasonal Fresh Fruit
V: Veggie Nuggets

Oven Baked Cheese Pizza
Organic Green Beans
Cinnamon Baked Apples

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: 125350



Daily Alternate Menu Choices:

Turkey & Cheddar Hoagie Box Lunch - Baked Chicken Tenders - All Beef Hot Dog
Beef Cheeseburger - Cheesy Chicken & Broccoli Rice Casserole - Grilled Cheese

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients