

Holy Spirit Episcopal School Menu
EC - Primary
August--2020

Monday	Tuesday	Wednesday	Thursday	Friday
3-Aug	4-Aug	5-Aug	6-Aug	7-Aug
10-Aug	11-Aug	12-Aug	13-Aug	14-Aug
17-Aug	18-Aug	19-Aug	20-Aug	21-Aug
		Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit Grilled Cheese Sandwich	Chicken Baked Ziti, Vegetable Medley, Garlic Bread, Fresh Cut Fruit 100% Beef Hot Dog	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit Grilled Chicken & Cheese Sandwich
24-Aug	25-Aug	26-Aug	27-Aug	28-Aug
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit Roast Beef & Cheddar Sandwich	Sweet and Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit Turkey & Cheddar Sandwich	Beef Sloppy Joe Sliders, Sweet Potato Tots, Fresh Corn, Fresh Cut Fruit Grilled Cheese Sandwich	Spaghetti with Turkey Meat Sauce, Fresh Green Beans and Carrots, Fresh Cut Fruit 100% Beef Hot Dog	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Grilled Chicken & Cheese Sandwich
31-Aug	1-Sep	2-Sep	3-Sep	4-Sep
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Roast Beef & Cheddar Sandwich				